


September 2024

August '24							October '24						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 Chicken Quesadilla Black Beans Spanish Rice Salsa/Sour Cream Fruit	4 Spaghetti with Meat or Marinara Sauce Green Beans Garlic Bread Fruit	5 Butter Chicken Rice Broccoli Bread Fruit	6 Toasted Cheese Sandwich Chicken Noodle Soup Fresh Veggies w/Ranch Dressing Fruit	7
8	9 Chicken Nuggets Tater Tots Peas & Carrots Condiments Fruit	10 Soft or Crunchy Beef Taco Refried Beans & Rice w/Lettuce/Cheese Salsa/Sour Cream Fruit	11 Chicken Alfredo Broccoli Bread Fruit	12 Oven Roasted Turkey Mashed Potato Green Beans Roll & Butter Cinnamon Apples	13 Pizza Corelli's	14
15	16 Chicken Sandwich Sweet Potato Fries Green Beans Condiments Fruit	17 Beef Nachos Cheese/Lettuce Refried Beans & Rice Salsa/Sour Cream Fruit	18 BBQ Chicken Mashed Potato Carrots Corn Bread Muffin Fruit	19 Cheesy Beef & Macaroni Corn Ants on a Log Bread Fruit	20 4x6 Pizza Cheese/Pepperoni Tossed Salad Ranch & Italian Fruit	21
22	23 Hamburger/Cheeseburger Tater Tots Peas & Carrots Condiments Fruit	24 Soft or Crunchy Chicken Taco Pinto Beans & Rice w/Lettuce/Cheese Salsa/Sour Cream Fruit	25 Mac N Cheese Peas Tossed Salad w/Ranch & Italian Dressing Fruit	26 Sweet & Sour Chicken Rice Broccoli Bread Fruit	27 Meatball Sub Corn Fresh Veggies w/Ranch Dressing Fruit	28
29	30	1	2	3	4	5
6	7	Notes				